

Curriculum Vitæ (abridged)

Dr G Blair-West_{MBBS FRANZCP}

Professional History

- 1998 - Current Private Psychiatry, Sub-specialising only in Psychotherapy, Posttrauma Syndromes & Relationship Therapy
- 1995 - 1998 Private Psychiatry, General
- 1994 - 1997 Member of Medical Executive & Chairman Accreditation Committee
Toowong Private Hospital, Toowong
- 1993 - 1995 Clinical Director, West Moreton Adult
Integrated Mental Health Service (Responsible for 59 clinical staff)
- 1991 - 1993 Director, Ipswich Community Psychiatry Service

Selected Addresses & Consulting

- 2019 Budapest Demographic Summit III - Invited Presentation by Hungarian Government – Fertility rates as a function of divorce.
- 2017 TED Talk (4m+ views) - Three ways to build a marriage and avoid divorce
- 2010 Australian Diabetes Educator's Assoc (Qld) Annual Conference – Two keynote addresses: *Psychology & Sabotage of Weight Management & A Diagnosis of Diabetes to trigger the pursuit of purpose and meaning in life* (Cairns, Australia)
- 2010 Consulting engagement to train 50 staff, Nutrition & Dietetics Department Princess Alexandra Hospital.
- 2010 Conference: Bariatrics – Today and Tomorrow, Princess Alexandra Hospital: *The developmental journey to this complex psychophysiological condition*
- 2009 Diabetes New Zealand National Conference – Two keynote addresses on the psychology of weight management. (Blenheim, New Zealand)
- 2008 Consulted and featured in *Fat Chance* – one hour documentary for SBS TV (Sydney, Australia)

- 1995 Re-evaluating Lifetime Suicide Risk in Major Depression. Paper presented at 18th International Association for Suicide Prevention Congress, Venice, Italy.
- 1995 Re-evaluating Suicide Risk in Major Depressive Disorder. Paper presented under 'New Research' at Thirtieth Congress of The Royal Australian and New Zealand College of Psychiatrists, Cairns, Australia
- 1994 Outer Progress, Inner Turmoil – Problems Arising in the Transition to Integration. Paper presented at Fourth Annual Mental Health Services Conference of Australia and New Zealand.

Selected Papers*

Invited Presentation, International Congress on Obesity: Blair-West GW. Tantalus, Restraint Theory, and the Low-Sacrifice Diet: The Art of Reverse Abstraction. *Medscape General Medicine*. 2007;9(4):18.

Blair-West GW, Mellsoop GW. Major Depression: does a gender-based down-rating of suicide risk challenge its diagnostic validity? *Australian & New Zealand J of Psychiatry*. 2001;35:322-30.

Blair-West GW. Management and Leadership, first and foremost are interpersonal processes. *Employment Queensland* 2000:24:29.

Blair-West GW, Cantor CH, Mellsoop GW, Eyeson-Annan. Lifetime suicide risk and major depression: Sex and Age Determinants. *Journal of Affective Disorders* 1999;55:171-8.

Blair-West GW, Mellsoop GW, Piaggio P. Integration or 'Integration'. *Australian & New Zealand Journal of Psychiatry*. 1998, April 32:308-11.

Blair-West GW, Mellsoop GW, Eyeson-Annan ML. Down-rating Lifetime Suicide Risk in Major Depression. *Acta Psychiatrica Scandinavica* 1997: 95:259-263.

Mellsoop GW, Blair-West GW, Duraiappah V. The Effect of A New Integrated Mental Health Service on Hospitalization, *Australian & New Zealand Journal of Psychiatry* 1997; 31:480-483.

Blair-West GW. The Integrated Mental Health Service, Chapter 10, in *Outcomes in Public Policy Institutional Reform and Mental Health: A Case Study in Building Better Cities*. Eds Stewart D & Greenhill J, 1995, Commonwealth Department of Housing & Regional Development

(*Excludes a number of articles published in lay publications.)

Qualifications, Appointments & Fellowships

- 2009 - 2012 President, Obesity Prevention & Treatment Society
- 2002 - 2010 Independent Medical Examiner for WorkCover Queensland
- 2005 Psychiatric Impairment Rating Scale (PIRS) Certification

1998 - Current Admission to the New York Academy of Sciences

1997 - 2000 Senior Lecturer University of Queensland (Research Position)

1995 - 2004 Associate Fellow Australian Institute of Management

1993 & 1996 Level 1 & 2 Certification in EMDR treatment of posttrauma syndromes

Books

Haynes J & Blair-West GW, *The Girl in the Green Dress* (Hachette, 2022)

Blair-West GW & Blair-West J, *How to make the biggest decision of your life* (Hachette, 2021)

Blair-West GW, *The Way of the Quest* (Alclare, 2013)

Blair-West GW & Blair-West P, *Taste with your face, Food Loving Kids* (Alclare, UK 2009, Australia 2010)

Blair-West GW, *Weight Loss for Food Lovers: Understanding our minds and why we sabotage our weight loss*. (Alclare, Australia 2006, Netherlands 2007, New Zealand 2007, UK & Europe 2008, China 2010)

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